



# FINAL

## Schedule of Events

The competition times are posted.  
This will reflect the overall  
competition layout for the entire day  
of the Fitness Championships.

### Friday, the Day Prior to the Event

#### ★ Official Fitness Championships Event Registration ★

1100 – 1700hrs

Ocean Center Arena – 101 N. Atlantic Ave. Daytona Beach, FL

Shirts, Medallions & Dog Tags signed out

1700 – 1900hrs

Pool Deck/Beach of the Plaza Resort & Spa – 600 N. Atlantic Ave. Daytona Beach, FL

Competition site walk through (optional for all teams)

(NOTE: No courses are set-up – simply get the lay of the land for parking, etc.)

### Saturday, Competition Day

#### ★ Fitness Championships Final Registration ★

0630 – 0800hrs

Plaza Resort & Spa – 600 N. Atlantic Ave. Daytona Beach, FL

Primarily for local schools. Parking is available in the overflow lot of the Plaza resort.

#### ★ Fitness Championships ★

0800 - 15300hrs

Both on the Pool Deck and Beach directly behind the Plaza Resort

Rotation of all Team Events will begin and continue throughout the day.

#### ★ Ultimate Fitness Cadet Competition ★

1530 - 1715hrs

On the beach directly behind the Plaza Resort & Spa

One male, one female from each school compete for title of  
ULTIMATE FITNESS CADET!

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#### ★ National JROTC Fitness Challenge Championships Awards Ceremony ★

1900 - 2010hrs

Main Arena – Ocean Center – 101 North Atlantic Avenue Daytona Beach, FL

Competing cadets, instructors & spectators will attend this closing ceremony.

Units should attend in either school PT/fitness gear or Utilities.

For information: EVENT MANAGER SPORTS NETWORK INTERNATIONAL, INC.  
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