

## 2011 BEST OF UNARMED TEAM EXHIBITION

<b>a. INTRODUCTION</b>	<b>(0:00:31)</b>
<b>b. UNARMED EX INTRO</b>	<b>(0:03:26)</b>
1. WOA-FEX Xavier HS	<b>(0:03:36)</b>
2. WOA-FEX Rahway HS	<b>(0:08:28)</b>
3. WOA-FEX CT Johnson HS	<b>(0:13:40)</b>
4. WOA-FEX Lancaster HS	<b>(0:19:00)</b>
5. WOA-FEX Colts Neck HS	<b>(0:24:18)</b>
6. WOA-FEX Coffee HS	<b>(0:29:28)</b>
7. WOA-FEX Hubbard HS	<b>(0:34:29)</b>
8. WOA-FEX Forestville HS	<b>(0:39:16)</b>
9. WOA-FEX George Bush HS	<b>(0:44:22)</b>
10. WOA-FEX W Churchill HS	<b>(0:49:45)</b>
11. WOA-FEX T Roosevelt HS	<b>(0:55:01)</b>
12. WOA-FEX N Miami Beach HS	<b>(1:00:17)</b>
13. WOA-FEX James Madison HS	<b>(1:05:31)</b>
14. WOA-FEX Brandeis HS	<b>(1:10:34)</b>
15. WOA-FEX Ronald Reagan HS	<b>(1:15:37)</b>
16. WOA-FEX Sandalwood HS	<b>(1:20:36)</b>
17. WOA-FEX Flour Bluff HS	<b>(1:26:00)</b>
18. WOA-FEX Lackey HS	<b>(1:31:10)</b>
19. WOA-FEX Bellevue West HS	<b>(1:36:17)</b>
20. WOA-FEX Lynn English HS	<b>(1:41:24)</b>
21. WOA-FEX Francis Lewis HS	<b>(1:46:16)</b>
22. WOA-FEX D MacArthur HS	<b>(1:51:34)</b>
<b>c. CLOSING</b>	<b>(1:56:55)</b>

**(note: NO DUAL EX)**