



## **TENTATIVE** **Schedule of Events** **For Planning Purposes ONLY**

The Final Event Schedule will be posted one week prior to the event date on this website.  
**(THESE TIMES WILL CHANGE!)**

### **THURSDAY, 14 APRIL - Day Prior**

#### ★ **Official Fitness Championships Event Registration** ★

1100 – 1700 hrs

Ocean Center Arena – 101 N. Atlantic Ave. Daytona Beach, FL  
Shirts and Medallions are signed out / Photo form is provided

NOTE: NO EVENT WALK-THROUGH as the courses are built THE MORNING OF the event.

### **FRIDAY, 15 APRIL - Event Day**

#### ★ **Fitness Championships Final Registration** ★

0630 – 0800 hrs

Plaza Resort & Spa – 600 N. Atlantic Ave. Daytona Beach, FL  
Drop-off area for schools/competitors. Parking is available in the garage SOUTH of the event site.

#### ★ **Fitness Championships BEGIN!** ★

0745 - 1000 hrs: On the Beach behind the Plaza Resort

**3k Team Beach Run & Physical Team Test w/ Ultimate Fitness Cadet competition held**  
Rotation of all Team Events will begin and continue throughout the day.

1000 - 1145 hrs: On the beach directly behind the Plaza Resort & Spa

Two cadets from each school - one male, one female - compete for the ULTIMATE CADET title

1200 - 1330 hrs: Lunch and Transport Break

Event moves from the beach into the carpeted Conference Center area of the Ocean Center.

1330 - 1730 hrs: Three indoor events held

**Weighted Ball Toss, Standing Broad Jump and Pull-ups/Flexed Arm Hang**

Three events held side by side inside the Ocean Center Arena  
(Teams and Spectators are encouraged to seat within the Arena Seating Area)

1730 - 1930 hrs: Dinner Break

Event moves from the beach into the carpeted Conference Center area of the Ocean Center.

#### ★ **National JROTC Fitness Challenge Championships Awards Ceremony** ★

1930 - 2045 hrs

Main Arena – Ocean Center – 101 North Atlantic Avenue Daytona Beach, FL

Competing cadets, instructors & spectators will attend this closing ceremony.  
Units should attend in either school PT/fitness gear or Utilities.

Call for information: **EVENT MANAGER SPORTS NETWORK INTERNATIONAL, INC.**  
388 Muddy Creek Ln., Ormond Beach, Florida 32174 800.327.9311 [sni@thenationals.net](mailto:sni@thenationals.net)